# Timothy A. Poynton

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# **Education**

Doctorate in Human Development and Education Boston University, Boston, MA Dissertation Chair – Dr. Bruce Fraser	2002-2005
Certificate of Advanced Study in School Counseling The State University of New York at Albany, Albany, NY Advisor – Dr. David Blustein	1996-1998
Master of Science in Counseling The State University of New York at Albany, Albany, NY Advisor – Dr. David Blustein	1996-1998
Bachelor of Arts in Psychology The State University of New York at Albany, Albany, NY	1994-1996

# **Certifications**

Certification as School Guidance Counselor (5-12), Massachusetts 2003-2008 (Initial)

Certification as School Counselor (K-12), New York 2001-Present (Permanent)

# **Present Employment**

# September 2005 - Present

Assistant Professor, Director of School Counseling Program, Suffolk University, Boston, MA

Responsible for coordinating and overseeing the school counselor education program in the department of Education and Human Services. Courses taught in 2005-2006 include Career Development, Practicum I, Practicum II, Interpersonal Skills Laboratory, and Issues in School Counseling. Additional courses to taught in 2006-2007 include Introduction to School Counseling and Research Methods. Developed new CAGS program of study leading to certification as School Adjustment Counselor in the State of Massachusetts.

# **Research Experience**

#### June 2004-August 2005

**Senior Research Fellow**, Center for School Counseling Outcome Research, University of Massachusetts - Amherst

Responsible for coordinating Center research projects and assisting in the overall operation of the Center. Of primary concern to the Center is the development of a base of knowledge from which to draw effective school counseling and school counselor education practices. This is accomplished through the creation of research briefs and contracting with organizations to develop materials and evaluate programs. Specifically, my daily activities involved conducting research and providing professional development to school counselors and career educators. I was the Principal Investigator for two contracts with the Massachusetts Department of Education providing technical assistance to grant recipients evaluating the impact of career development interventions. I was also the Co-Principal Investigator on two research projects evaluating career development curriculum materials. The professional development activities I provided revolved around the use of data by school counselors and career educators to engage in effective practice and accountability activities.

#### June 2003-November 2003

**Research Associate,** Evaluation of the Big Math for Little Kids (BMLK) program, Boston University, Boston, MA

Responsibilities included preparing and analyzing data from the Assessment of Children's Understanding of Mathematics (ACUM), and summarizing the results of the data analyses in a written report to the Pearson Foundation, the agency funding the BMLK evaluation. The ACUM was developed by Professor Carole Greenes, Professor of Mathematics Education at Boston University.

# September 2003-February 2003

**Research Consultant**, Boston Public Schools, Boston, MA.

Responsibilities included developing a survey instrument, conducting data collection, organizing and analyzing data, and providing a written summary of the results regarding the "best practices" in student assignment in collaboration with the Strategic Planning Team of the Boston Public Schools. Participants in the study were thirty-five large city school districts across the country that provided both quantitative survey data, and written and verbal qualitative data.

#### January 1997-April 1999

**Research Assistant**, Social Psychology Laboratory of Dr. James Jaccard, State University of New York at Albany, Albany, NY

Responsibilities included Assisting Senior Research Scientists with multiple functions of the lab including preparing survey instruments for new research projects, organizing, analyzing, and reporting the results of data analyses, and executing experiments with undergraduate research subjects. Also responsible for developing a database using SPSS for a national adolescent drunk driving prevention project, which utilized longitudinal techniques and several hundred variables to test the efficacy of a parent-teen communication program. Supervised undergraduate research assistants and consulted with other lab employees in the proper collection and entry of data to ensure timely, accurate data entry into the database.

#### May 1996-January 1997

**Undergraduate Research Assistant,** *Biopsychology lab of Dr. Robert Rosellini, State University of New York at Albany,* Albany, NY

Responsibilities included conducting experiments in a biopsychology research laboratory with the animal Drosophila Melanogaster (the fruit fly). Utilized classical conditioning techniques to test the Drosophila's ability to detect and avoid particular odors when paired with shock. Performed data collection according to paradigms, and analysis using SPSS.

# **Related Professional Positions**

## April 1999-June 2002

**School Counselor**, *Rensselaer Middle High School*, a small urban school district located near Albany in Rensselaer, NY.

Responsibilities included providing individual and group counseling services to students at student, parent, teacher, or administrators' request, consulting with teachers regarding at-risk students, developing and coordinating a mentoring program for students in grades 6-10 utilizing New York State employees as volunteer mentors, coordinating a conflict resolution program with faculty, staff, and student volunteers, and serving as a liaison to county mental health, probation, and vocational services. Employed a multidisciplinary approach to providing student services by attending a monthly countywide team meeting with other school districts and county-level service providers, and cofacilitating a "diversion" group with a probation officer to reduce number of students referred to the court system. Member of the following school committees: school safety team, child study team, and the school crisis response team. School representative to Youth Apprenticeship Project, a county run program providing vocational education services to high school students. Granted tenure by Board of Education in September of 2001.

#### Summers of 2000-2001

**Counselor**, *Progressive Adolescent Vocational Exploration Program* (PAVE), a vocational education program for high school students from low income families in Rensselaer, NY

Responsibilities included coordinating field placements for 20-25 high school students identified as atrisk for future unemployment with local employers, and providing vocational education and career exploration opportunities using computers, job coaching, and direct instruction.

## January 1997-April 1999

**Childcare Worker**, *Critical Care Unit, St. Anne's Institute*, a residential treatment facility located Albany, NY for young adolescent women (ages 12-17) in need of supervised care and / or intensive special education services due to behavioral difficulties in school. The critical care unit of St. Anne's provided services to children who were unsuccessful in other residential treatment settings.

Responsibilities included supervising residents in their daily after-school activities to provide an environment that fosters individual growth, safety, and self-esteem through the development and implementation of behavior plans, individual and group counseling, and crisis intervention techniques to keep residents from harming themselves or others.

#### October 1999-September 2000

**Crisis Specialist**, *St. Catherine's Center for Children*, a residential treatment facility run by Catholic Charities in Albany, NY.

Responsibilities included providing on-call crisis intervention services 24 hours a day to Albany County children and their families, based on referrals from social service agencies, police, or the local psychiatric center. Consulted with local service providers to ensure timely and meaningful interventions were provided to families. Worked within program guidelines to decrease the amount of psychiatric hospitalizations of children residing in Albany County.

# **Courses Taught and Graduate Assistantships**

(Outside of Suffolk University)

# September 2005-May 2006

Co-Leader, Action Research in School Counseling. Plymouth State University, Plymouth, NH

Co-taught this course with Gary Goodnough from Plymouth State University. This class met once per month for the 2005-2006 academic year, and students were all practicing school counselors. The purpose of the course was to provide students with the knowledge and skill necessary to conduct meaningful action research. Knowledge and skill were demonstrated by each student through the successful completion of an action research project in their schools.

# July 2005-August 2005, July 2006-August 2006

Adjunct Instructor for Perspectives on Inquiry (SED RS 600), Boston University, Boston, MA

Taught six-week course in Boston University's School of Education. This is the required research methods course for all BU School of Education graduate students seeking educator licensure. Responsibilities included teaching quantitative and qualitative research methods, ethical and methodological issues in educational research, basic statistics and data analysis skills.

## July 2004-August 2004

Teaching Assistant for Perspectives on Inquiry (SED RS 600), Boston University, Boston, MA

Co-taught six-week course for approximately 35 School of Education graduate students and 6 graduate students from the BU medical school with Dr. Leonard Zaichkowsky. Responsibilities included teaching quantitative and qualitative research methods, ethical and methodological issues in educational research, basic statistics and SPSS skills, grading written assignments, and maintaining the course website.

#### January 2004-May 2004

Teaching Assistant for Quantitative Research Methods (RS 653), Boston University, Boston, MA

Responsibilities include assisting Professor Arthur Johnson with development of the course content, teaching SPSS skills to graduate students in a weekly computer lab section of the course, and assisting with the grading of weekly assignments. This course is intended for doctoral students, although a handful of advanced Master's degree students attended the class.

## September 2003-May 2004

# Teaching Fellow for Introduction to Education (ED 100), Boston University, Boston, MA

Responsibilities included facilitating a discussion section, supervising students at their designated field placement, grading exams and papers, working with students individually and in groups on writing skills, and assisting Professor Philip Tate with the overall implementation of the course. Each Teaching Fellow for this course, which is required of all undergraduate students seeking licensure, is responsible for fifteen undergraduate students.

## January 2003-August 2003

# **Graduate Assistant for the Department of Developmental Studies and Counseling**, *Boston University*, Boston, MA

Responsibilities included providing assistance to the department and School of Education in preparation for a review by the Massachusetts Department of Education of Boston University's teacher certification programs, researching topics in university libraries as requested by professors, and assisting with the administrative tasks of the department.

#### October 1997-May 1998

Academic Advisor, State University of New York at Albany, Albany, NY

Responsibilities included providing academic advisement services to 225 undergraduate students who had yet to declare a major. Assisted students with the selection and exploration of major and minor fields of study. Ensured course selections were goal directed and met university requirements.

# Supervision Activities

### January 2005 – Present

Practicum/Internship Supervision, Suffolk University, Boston, MA

Provided small group clinical supervision to 7 students completing their internship requirements for licensure as a school counselor in the state of Massachusetts. .

#### January 2005 – May 2005

**Pre-Practicum Supervision,** University of Massachusetts – Amherst, Amherst, MA

Provided 1:1 clinical supervision to 2 first year students in the school counseling program. September 2003-December 2003

# Supervised Supervision of Sport Psychology Graduate Students, Boston University, Boston, MA

Under the direct supervision of Dr.'s Amy Baltzell and Leonard Zaichkowsky, clinical supervision services were provided to a small group of graduate students in the sport psychology program at Boston University.

#### September 2001-May 2002

School Counseling Internship Field Supervisor, Rensselaer Middle High School, Rensselaer, NY

Provided field experiences to two graduate students in school counseling, one from *The Sage Graduate School*, and one from the *State University of New York at Albany*. Ensured students received an appropriate training experience by assigning a caseload consisting of individual and group counseling, and crisis intervention as appropriate. Focused the interns' experience on the role of the counselor as a member of a multidisciplinary team, both within the school and with outside agencies.

# Publications, Presentations, and Professional Development

# **Publications**

- Poynton, T.A. (2007). EZAnalyze Version 3.0 [Computer software and manual]. http://www.ezanalyze.com
- Poynton, T. A. & Baker, T. D (2007). Free tech tools. ASCA School Counselor, 44(3), 22-29.
- Poynton, T. A., & Carey, J. C. (2006). An integrative model of data-based decision making for school counseling. *Professional School Counseling*, 10(2), 121-130.
- Poynton, T. A., Carlson, M. W., Hopper, J. A., & Carey, J. C. (2006). Evaluation of an innovative approach to improving middle school students' academic achievement. *Professional School Counseling*, 9(3), 190-196.
- Poynton, T. A. (2005). Computer literacy: A review with implications for educators. *Computers in Human Behavior*, 21(6), 861-872.
- New Netherland Museum (2004). New Netherland: An exploration of past and present.

  Albany, NY: Benchmark Printing. Contributing editor; this is a curriculum for teaching New York Dutch History to 4<sup>th</sup> grade students.

# **Professional Associations**

Member, Editorial Review Board, Professional School Counseling, March 2005 - Present

Member, American School Counselor Association

Member, Association for Counselor Education and Supervision

Governing Board Member, Massachusetts School Counselor Association

Member, Phi Delta Kappa

Member, ACES Technology Interest Network

#### **Selected Conference Presentations and Professional Development**

- Poynton, T. A. (2007). An exercise in reframing: using technology to meet your needs. Keynote presentation at the Massachusetts Department of Education Career Planning Implementation Conference, North Andover, MA.
- Poynton, T. A. (2007). IDEAS for data-based decision making in school counseling. Paper presented at the annual American School Counselor Association annual conference, Denver, CO.
- Poynton, T. A. & Tang, C. (2007). Students and the Internet. Paper presented at the annual Massachusetts School Counselor Association annual conference, Hyannis, MA.
- Baker, T. D. & Poynton, T. A. (2007). Using FREE technology tools for data collection and analysis. Paper presented at the annual American School Counselor Association annual conference, Denver, CO.
- Poynton, T. A. (2006). Using EZAnalyze to make sense of school data. Workshop presented at the Alaska School Counselor Association annual conference, Anchorage, AK.
- Poynton, T. A. (2006). Using EZAnalyze to make sense of school data. Workshop provided at the 2006 Pennsylvania School Counselor Academy, Pittsburgh, PA.

Carlson, M., Hopper, J. & Poynton, T. A. (2006). Practitioner-researcher collaboration. Paper presented at the annual American School Counselor Association annual conference, Chicago, IL.

# **Selected Conference Presentations and Professional Development (continued)**

- Poynton, T. A. (2006). Using EZAnalyze to make sense of school data. Pre-conference workshop presented at the American School Counselor Association annual conference, Chicago, IL.
- Poynton, T. A. (2006). Using EZAnalyze to analyze school data. Paper presented at the Massachusetts School Counselor Association spring conference, Hyannis, MA.
- Carey, J. C., Dimmitt, C., & Poynton, T. A., & Kosine, N. (2006). Changing research and evaluation training in school counselor education. Paper presented at Annual meeting of the American Counseling Association, Montreal, Canada.
- Poynton, T. A. (2006). Free technology tools to assist with data collection and analysis. Invited paper presented at the Center for Student Support System's annual conference, San Diego, CA.
- Poynton, T. A. (2005). Gathering data to assess how students are different because of school counselors: Focus on survey development. Invited paper presented at the Center for Student Support System's annual conference, San Diego, CA.
- Dimmit, C., & Poynton, T. A. (2005). Assessing how students benefit from counselor-led activities. Paper presented at the Massachusetts School Counselor Association Fall Conference, Sturbridge, MA.
- Carey, J. C., Dimmitt, C., & Poynton, T. A. (2005). Changing research and evaluation training in school counselor education. Paper presented at the biannual meeting of the Association of Counselor Education and Supervision, Pittsburgh, PA.
- Poynton, T. A. (2005). Gathering data to assess how students are different because of school counselors: focus on survey development. Paper presented at the Arizona School Counseling Leadership Academy, Tucson, AZ.
- Poynton, T. A. (2005). ASCA readiness survey for counselors new to Comprehensive Competency Based Guidance. Paper presented at the Arizona School Counseling Leadership Academy, Tucson, AZ.
- Poynton, T. A. (2005). Using data to take your guidance program to the next level. Paper presented at the Arizona School Counseling Leadership Academy, Tucson, AZ.
- Poynton, T. A. (2005). Lessons learned from the Massachusetts Career Resource Network technical assistance visits. Presentation to MCRN project participants regarding measurement and evaluation in career development, Worcester, MA.
- Poynton, T. A. & Liang, T. (2005). Using data to demonstrate accountability. Paper presented at the annual meeting of the Massachusetts School Counselor Association, Hyannis, MA.
- Elsner, D. & Poynton, T. A. (2005). Action Research in School Counseling. Paper presented at the annual

- meeting of the Massachusetts School Counselor Association, Hyannis, MA.
- Poynton, T. A. (2005). School counseling data management system. Series of three to six hour district-level trainings provided to 240 school counselors across the state of Rhode Island.

## **Selected Conference Presentations and Professional Development (continued)**

- Poynton, T. A. (2005). Data and your school counseling program: a user-friendly approach. Full day training provided to 70 counselors in Concord, NH.
- Poynton, T. A. (2005). Using data to take your guidance program to the next level. Full day training session provided to 80 counselors in Pheonix, 55 counselors in Tucson, and 35 counselors in Flagstaff, Arizona.
- Poynton, T. A. (2005). Building accountability into your career development program. Four-hour training provided to 55 participants of the Wisconsin Careers Conference, Madison, WI.
- Poynton, T. A. & Carey, J. C. (2005). Data-driven decision making tools and processes. Three hour workshop presented to all counselors in the Lexington Public Schools, Lexington, MA.
- Carey, J. C. & Poynton, T. A. (2004). Data-based planning and decision making: tools for school counselors, psychologists, and social workers. Three hour workshop presented to all counselors, psychologists, and social workers of the Framingham Public Schools, Framingham, MA.
- Carey, J. C. & Poynton, T. A. (2004). School counselors as leaders: comprehensive developmental school counseling. Full day workshop presented to all school counselors in the Lexington Public Schools, Lexington, MA.
- Poynton, T., Carey, J.C., Dimmitt, C., & McGannon, W. (2004). Including evidence-based practice in school counselor education: The research curriculum. Paper presented at the annual meeting of the Northeast Association for Counselor Education and Supervision, Mystic, CT.
- Carey, J. C. & Poynton, T. A. (2004). Methods for evaluating career development programs: survey identification and development. Workshop presented to 20 recipients of the Massachusetts Career Resource Network grant, Worcester, MA.
- McGannon, W., Dimmitt, C., Carey, J.C. & Poynton, T. (2004). Including evidence-based practice in school counselor education: The research base. Paper presented at the annual meeting of the Northeast Association for Counselor Education and Supervision, Mystic, CT.
- Carey, J. C., Dimmitt, C., & Poynton, T. A. (2004). Transforming school counseling through data use: using data in planning, implementation and advocacy. Paper presented at the annual meeting of the New York State School Counselor Association, Westchester, NY.
- Dimmitt, C., Carey, J. C., & Poynton, T. A. (2004). Transforming school counseling through data use: using data in Accountability, Evaluation, and Public Relations. Paper presented at the annual meeting of the New York State School Counselor Association, Westchester, NY.
- Poynton, T. A. (2004). Evaluation plan for *The Real Game*. Invited to present paper at the annual meeting of The Real Game International, San Francisco, CA.

Poynton, T. A. (2002). Developing and maintaining a mentoring program. York Counseling Association's annual convention, Glens Falls, NY.	Paper presented at the New